

SPEAKERS

1. **Dr. Sundeep Bola – B.Sc., M.D., FRCPC
Pediatric Sleep Physician /
PediatricRespirologist /Pediatrician**
2. **Dr. Indra Narang, BMEDSCI, MD,
director, Repirologist, Sick Kids Sleep
Medicine, Division of Respiratory
Medicine**
3. **Manuela Leon, Team Lead at Etobicoke
Brampton Sleep Clinic, RPSGT**
4. **Dr. Reshma Amin, MD, Msc, Staff
Respirologist, Division of Respiratory
Medicine (Hospital for Sick Children)**
5. **Dr. Kevin Mehta, MA, MB, BChir,
FRCPC Pediatric Sleep Physician and
Respirologist**
6. **Colin Massicotte, RPSGT Team Lead at
Sleep Laboratory at Sick Kids**
7. **Kunthavai Sabthakarn, Sleep
Technologist (Senior Quality Assurance
and Training)**

The Canadian Sleep Society designates this educational activity for a maximum of <7.0> Continuing Education Credits. Individuals should claim only those credits that he/she actually earned in the educational activity.”



Canadian Sleep Society / Société Canadienne
du Sommeil

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To register please provide the details below to
Sapna at:

ebsleepclinic1@bellnet.ca

or

Fax: 416-742-0681

There are no registration fees.

Name:

Professional Discipline:

Address:

Telephone:

E-Mail:

BRPT#:

For CME code: CSS-SCS-CEC #2022-02-001



Etobicoke Brampton
Sleep Clinic

Etobicoke Brampton Sleep Clinic

*Pediatrics Educational Day
2022*

Saturday, March 05, 2022

Time: 8.30 am to 5.30 pm
106 Humber College Blvd,
Suite 202,
Etobicoke, M9V 4E4



*Target Audience Family physicians,
pediatricians, sleep specialists, respiratory
therapists and sleep technologists.*

Dear Participants,

For the last two years, all of us have been fatigued by the Corona epidemic. To recover from this, all of us need to resonate each other with new vibrancy and upliftment. To address this need, we are organizing Pediatric Day 2022 on Saturday, March 5, 2022.

I would like to thank all the staff of Etobicoke Brampton Sleep Clinic and physicians who have worked together to offer you an educational event to create awareness about Pediatric sleep disorders and new advancements for diagnosis of pediatric sleep disorders.

The Etobicoke Brampton Sleep Clinic always deliver and maintain a high standard of patient care in the diagnosis and control/treatment of different kinds of pediatric sleep disorders. Our Staff consist of fully trained medical professionals and sleep technologists. Technological and therapeutic advances are implemented with high ethical, moral and professional standards.

As always, we are dedicated to deliver quality service to our patients and will continue to do so.

I look forward to meeting you all.

Regards,

Iqbal S. Dhanju, MSC, Ph.D, RPSGT
Technical Director/Manager
Etobicoke Brampton Sleep Clinic

LEARNING OBJECTIVES

- Attendees will be learning about some findings from unique paediatric cases
- To discuss the rationale for treating persistent OSA
- To describe strategies to optimize PAP usage in the paediatric population
- To describe novel approaches and therapeutic interventions for persistent OSA in children
- Scoring Pediatric PLMS
- Transitions from N2 to REM sleep, starting REM
- Ending REM, arousals during REM, scoring N2 vs N1
- Nocturnal hypoventilation in the paediatric patients. This talk will help to improve the skills of overnight sleep technologist and paediatric record scorers.
- To review symptoms, signs, and presentation of common pediatric parasomnias
- Important considerations in red flags and approach to pediatric parasomnias
- To explore some rare pediatric parasomnias that will help clarify when specialist/sub-specialist involvement may be needed
- Learn basic nomenclature related to EEG variants and seizures
- Recognize abnormal EEG activity
- Be able to respond to patient having a seizure in the sleep lab safely
- Review of ISR Scoring of difficult events

PROGRAM AGENDA

- 8:30 to 9:00am: Registration and Continental Breakfast
- 9:00 am to 9:15 am: Opening remarks by Iqbal Singh Dhanju

Morning Session Chair: Dr. Sundeep Singh Bola

- 9:15 am to 10:15 am: Clinical cases in Etobicoke Brampton Sleep Clinic – Dr. Sundeep Singh Bola, B.Sc, MD, FRCP Pediatric Sleep Physician and Respiriologist
- 10:15am to 11:15am: Therapeutic Management of Persistent OSA in Children – Dr. Indra Narang, BMEDSCI, MBBCH, MD Director, Sleep Medicine, Division of Respiratory Medicine (Hospital for Sick Children)
- 11:15 am to 12: 15 pm Pediatric Record Review- Manuela Leon, Team Lead at Etobicoke Brampton Sleep Clinic, RPSGT
- 12:15 pm to 1:00 pm LUNCH

Afternoon Session Chair: Dr. Kevan Mehta

- 1:00 pm to 2:00 pm -Nocturnal hypoventilation – Dr. Reshma Amin, MD, Msc, Staff Respirologist, Division of Respiratory Medicine (Hospital for Sick Children)
- 2:00 pm to 3:00 pm -Parasomnias – Dr. Kevin Mehta, MA, MB, BChir, FRCPC Pediatric Sleep Physician and Respirologist
- 3:00 pm to 3: 15 pm: Coffee Break
- 3:15 pm to 4:15 pm -EEG abnormalities and Seizure Recognition- Colin Massicotte, Team Lead at Sleep Laboratory at Sick Kids
- 4:15 pm to 5:15 pm- ISR (Inter Scorer Reliably System Review)-Kunthavai Sabthakam, Senior Sleep Technologist (Quality Assurance and Training)
- 5:15 pm to 5:30 pm Closing remarks by Dr. Iqbal Singh Dhanju